



HR ACCELERATOR

1:1 Consultative Coaching

With Trina Sunday from Reimagine HR.

Your 1:1 experience with Trina is a blended solution with part coaching and part consulting.

The combination of coaching and consulting creates more value and accelerates your change. Using both coaching and consulting services is a strategy that is extremely effective with our clients especially given today's complexity in organisations. As an experienced coach who is also a HR consultant, Trina is able to operate skillfully in environments of change.

Trina meets you where you are at. Adding value and enabling growth in support of your personal, technical and leadership development.

You will be actively supported through your 1:1 time with Trina, and through the networks and relationships you will build with the Reimagine HR community of game changers.

What's Included

- Human Synergistics OR Enable-HR profile (tool aligned to your goals)
- 6 x Virtual 1:1 Sessions (90 minutes, using Zoom) tailored to your needs
- Ongoing Voxer chat: Trina as a sounding board for your issues
- Inclusion in the 'invite-only' LinkedIn group of HR game changers
- Access to events and virtual programs that take place during your engagement (3 months)



What You Can Expect

- **HR expertise on tap** - knowledge, resources, tools, experience and contacts to help with workplace challenges and change opportunities.
- **Clarity** - about yourself, your career and your approach to HR. Your potential and what growth areas you want to focus on.
- **Networks** - Trina's contacts, speakers and game changers you'll meet via Reimagine HR.
- **Growth** - personal and professional growth and more expansive HR and leadership thinking.

The Perfect Blend

COACHING is partnering with clients in a thought-provoking and creative process that inspires them to maximise their personal and professional potential.

The International Coach Federation (ICF)

CONSULTING is providing professional or expert advice in a technical field. [For us, that's HR, OD & Leadership]

Merriam-Webster dictionary

Why Trina?

- She's been where you are, can relate to your challenges and also has a passion for driving positive HR change.
- 25+ years experience working in Human Resources, Organisational Development, Marketing and Events and Business Consulting.
- Trina is accredited in the use of a massive variety of development tools.
- She is a Fellow Certified Practitioner of the Australian Human Resources Institute (AHRI) in recognition of her impact in the HR space.
- Trina has extensive experience working with Boards, Executives and senior leaders and can help navigate those dynamics.
- She doesn't take herself too seriously, is a natural leader and guide and likes to laugh.



How I Can Help

Previous participants have sought my help for many different reasons; support during the first 90 days of a new job; clarity after reaching career crossroads; helping to cut through the BS and organisational barriers; enhancing specialist knowledge; exploring new HR thinking to maximise impact and everything in between.

Book a discovery call with Trina to find out more and explore if the HR Mastermind is right for you.

bookings.reimaginehr.com.au